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medium II

ERINDALE COLLEGE STUDENT NEWSPAPER CIRCULATION 7 000 TUESDAY SEPT. 15, 1992 VOLUME 19 NUMBER 2

Frosh get dis-Orientated

A sign of the times ...

Scenes from Orientation '92 held at Hart House Farms. This year was apparently one of the better organized Orientations, as ECSU and SAC placed an emphasis on education and fun. This was Erindale's second try at a dry orientation, but unlike past years, alcohol was not very visible. Soft drinks have replaced beer - at least during the day - as seen above. Please see story, page 2.

NEWS

NEWS IN BRIEF

SAC ISN'T ALL THAT BAD

Last month, the Student's Administrative Council adopted their 1992-93 Operating Budget, which increased general revenues and offers more funding to Erindale College.

Says SAC President Farrah Jinha, "We have found new and creative sources of funding which have allowed us to increase allotments to personal safety and women's issues by almost 300%, and have allowed us to increase direct funding to the suburban campuses by almost three times over last year - the most SAC has ever committed to."

According to SAC V.P. and Erindale student Ferdnando Longo, SAC reduced the orientation budget by 130%. He mentioned, "The amount SAC spent on orientation last year was a travesty," and went on to say that the reductions were "what the students wanted to see and this is what they got."

SHUTTLE BUS SCHEDULE FOR SEPTEMBER

The Shuttle bus leaves Erindale at the South Building at the following times: 7:00 a.m., 8:00 a.m., 9:15 a.m., 10:15 a.m., 11:15 a.m., 12:15 p.m., 1:15 p.m., 2:15 p.m., 3:15 p.m., 4:15 p.m., and 5:15 p.m.

The Shuttle bus leaves St. George at the Medical Science Building at 8:15 a.m., 9:15 a.m., 10:15 a.m., 11:15 a.m.,12:15 p.m., 1:15 p.m., 2:15 p.m., 3:15p.m., 4:15 p.m., 5:30 p.m., and 6:15 p.m.

From Monday to Thursday, the night Shuttle bus leaves Erindale at 9:30 p.m. and leaves St. George at 10:30 p.m. For students, all one way trips are $1.40 except for the rush hour trips (the first and last two trips of the *day* shuttle bus), which are $2.80.

Tickets are available in Room 154 of the North Building, the Info Desk in the South Building and in Hart House at the Hall Porter's desk. No pets are allowed on the buses. Case closed.

TWO ONTARIO UNIVERSITIES SHARE ELECTRONIC CLASSES

Guelph and Waterloo Universities have now started offering simultaniously communication linked clasess for students.

The system is designed using microwaves and allows both the students and the professor to see the lecture on big video screens and follow along with computer tutorials in both the chemistry and physics divisions.

Other departments and universities will soon take up the idea.

Frosh unleashed on Campus

Friday night debacle leaves Erindale frosh cold and thirsty

by Erica Phillips

Last Thursday, Friday and Saturday, the Erindale College Student Union (ECSU) successfully led first-year "frosh" on the annual pre-class orientation pilgrimage called "Enter at your own risk."

Approximately 500 frosh attended ECSU and SAC orientation and in general, the comments were positive. "Most of the frosh have told me that they had a really good time," said Becky Kirkwood, ECSU's Advertising and Employment Director. "We tried to make it more organized this year, and open lines of communication really helped."

ECSU Orientation started on a rainy Thursday morning with many Frosh being pelted with water balloons by overenthusiastic leaders and floaters as victims waited outside ECSU offices for their frosh kits containing glow in the dark t-shirts and the dreaded don't "Respect Yourself" condoms. Floaters helped lost frosh find their teams who had names such as "McCash McCondoms" and "Duck Me Blind" and "Erindale 90210."

Frosh and leaders then stormed the Kaneff Centre foyer and serenaded Dean Silcox with Pink Floyd's "We Don't need No Education". Next, Hypnotist Casey Bones entertained the frosh and hypnotized frosh on stage into playing baseball, tennis and enjoying the sun and the sand on a southern resort.

The rest of the day was spent at the Hart House Farm in Caledon Hills. ECSU Director Kirkwood said ECSU chose to have part of orientation at the Hart House Farm because in previous years students would attend an event, leave, go drinking then come back for another event. "We hoped there would be more bonding between the frosh while at the farm since they would have to stay together - and I think it worked." Becky also said ECSU chose the farm because it's owned by the University of Toronto and in turn would make students aware of what the University has to offer.

At the farm frosh played baseball, volleyball, Karaoke and other games while many just enjoyed the sunshine. Comedian Larry Horowitz entertained the frosh in the afternoon. A skit about date/acquaintance rape started off the afternoon at the farm, keeping with the theme of sexual harassment and acting responsibly, stressed throughout the orientation. Also, ECSU director Karen Flavelle took about forty students hiking on a trail that surrounds the farm. ECSU President Dave Amato, a Hart House Farm hand and Jan Nolan from Hart House all agreed that the ECSU orientation was much better organized than in previous years. "It was fun at the farm, but tiring also" mentioned one Frosh. In the end, the first day of ECSU orientation ended with a bonfire back at Erindale.

Day two of Erindale orientation consisted of Academic orientation where students attended lectures on "Succeeding in..." various disciplines such as Psychology and Survey Science. The Teaching/Learning Centre held workshops also, which were followed by a Peer Panel discussion in which senior students and alumni talked to frosh.

Yet Friday's events were not without problems. SAC Orientation consisted of a carnival and an approximately two minute long pep rally. SAC was also supposed to make an announcement for a St.George Campus tour immediately after the pep rally but did not make the announcement until about an hour later when most of the frosh had dispersed.

The problems continued throughtout the day as SAC told ECSU to make sure frosh wore their "United" t-shirts as that shirt was their ticket to get into the football game and the Hangar. Most Erindale frosh did in fact wear their "United" shirts and went to cheer the Varsity Blues. By the time the Erindale frosh left the game the Hangar was filled - with people who did not wear the shirts and as a result, Erindale students waited in line for hours. By midnight, approximately 250 Erindale "United" t-shirt wearing Frosh had to stay on the patio, without access to alcoholic drinks or washrooms. Only after efforts by ECSU President Dave Amato were the washrooms opened and non-alcoholic drinks served.

The whole situation angered Amato. "I had been told by a faculty member that SAC cannot be counted on to look after Erindale but I decided to give the new SAC administration a chance" he said. A SAC executive tried to help and a few SAC executives expressed their regrets but all to no avail. In response, at Saturday Night's National Velvet concert ECSU was passing out petitions to Frosh, asking them to express their displeasure with SAC's treatment of Erindale's Frosh.

This year was the second year ECSU has attempted to hold a "dry" orientation, as requested by University of Toronto regulation. Amato said ECSU advocates a dry orientation because many frosh are not of the legal drinking age and alcohol would only encourage irresponsible underage drinking.

Outside of the usual problems with SAC, the orientation went well and there were few if any incidents.

Write for the News Section! Call 828-5260

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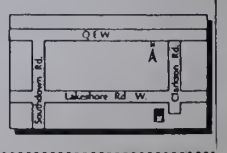

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NEWS

Erindale's Chief Administrative Officer resigns

New job as Director of Administration at the Hamilton-Wentworth Police lures Taggart away

by Chris Ovsenny

Last month, P.J. "Bud" Taggart, the Chief Administrator at Erindale College accepted the position of Director of Administration with the Hamilton-Wentworth Police, and will be leaving Erindale at the end of September.

Taggart said he has enjoyed his four years at Erindale as much as any other previous job, but he just felt that it was time to move on. "I've done many jobs throughout my life but I've never been one that feels like they have to stay at one for the duration of my working life. The experience of Erindale was fantastic but the time has come to move on."

Taggart's new job as Director of Administration has a number of similar aspects as his Erindale job. His responsibilities include: the allocation of funds to various departments and other budgetary duties; human resources; various labour relations and the management of the physical plant (structure maintenance and operation).

He also mentioned that the actual application process was a difficult one. Taggart was chosen from over 225 applications during a decision-making process of four interviews, and commented that "Hopefully it will be worth the trouble."

As for his four years at Erindale, the soon-to-be former Chief Administrator leaves with a positive view of Erindale. "I have a real sense of accomplishment from what I've done here. People had told me I wouldn't be accepted by the students and that they would eat me alive, when in fact, some of my fondest memories of the job are of students."

"Yet, the job was not without its drawbacks," he continued. "I am a very action-orientated person, yet most of the tasks I had to do had so much bureaucracy and red tape involved that it was often difficult to get things done."

Advice for the future Chief Administrative Officer at Erindale? Taggart says "Keep the door open. It could be easy to isolate yourself, but the job is much more rewarding when you become involved with the campus."

So you want to be a News Writer...

- Do you want to be of near legendary status on campus?

- Do you like slandering ECSU at almost every opportunity?

If so drop by the ***medium II*** office anytime during the week (or weekend) or call 828-5260.

So you want to be the News Editor...

- Have you written for News before?
- Do you have pretty decent organizational skills?
- Do you want big bucks each issue?

If so, drop off a small letter indicating why you think you would be a good News Editor before September 16.

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Editorial

Medium II

Students informing students

Since 1974 — Since 1974

medium II is published weekly by Medium II Publications, a non-profit, incorporated organization. The opinions expressed herein are those of the editors and the writers, and are not necessarily those of the corporation.

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Word of the week

apathy: *noun* ~ 1. Lack of emotion. 2. Indifference; lack of interest. What too many of the supposedly concerned generation seem to possess. Try to avoid it at all costs.

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A twenty page, colour issue out for the beginning of school. Well done everyone. We definitely deserve to treat ourselves a little for this one. It's 2:00 and Paul is finishing up what might be the best looking page in the paper - and it comes complete with a proper masthead. Unbefuckinglievable. Kim, did you really think you could get that by me? Perhaps mano a mano would be better, no? Congratulations Joel for utilizing those *medium II* Press Passes to their fullest capacity.

"The road to hell is paved with good intentions"

staff

medium II by-election

On Friday, September 18th a by-election will be held for the positions of Composite Editor and News Editor. Interested candidates should submit a resumé and covering letter to the Editor by Wednesday, September 16th. A forum will be held at 1:00p.m. Thursday, September 17th.The following people are eligible to vote:

Steve Viau	Kim Lumsden	Chris Ovsenny
Cindy-Ann Lewis	Mellanie Ellerton	Joel Bryan
Marianne Premuzic	Tamara Wickens	Manfred Sittmann
Anthony Visser	Russell Stadey	Paul Paradine
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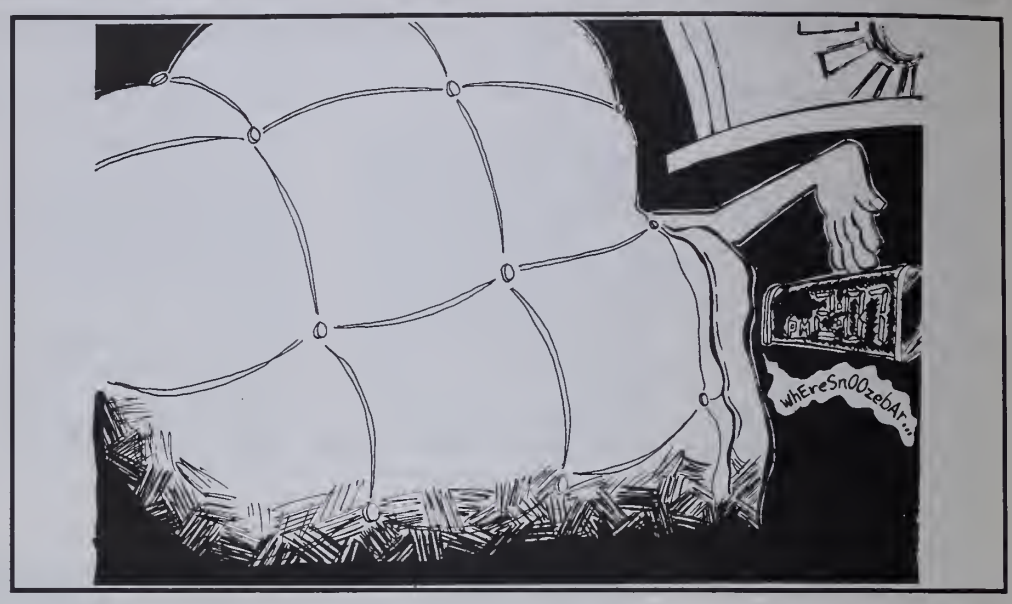


Perils of the snooze button

The snooze button is not your friend. Sure, after a late night it may seem like the best thing since sliced bread - or alka seltzer - but in reality it is simply a device to drag you down the path of boredom, effectively shielding you from whatever extra benefits you could have derived by attending Erindale. All right, enough basic rhetoric. The idea behind what I've just written is to get involved. This message is especially important for all the incoming first year students, however there are no doubt a vast amopunt of veteran students out there who could also stand to do more than attend classes and occasionally browse through the bookstore for the latest in 'reccommended reading'.

Quite often people refer to this as *the university experience*. This is an important distinction from the concept of getting a universtiy education. Without a doubt the most important reason for coming to Erindale is to obtain the best possible education in order to further yourself and improve your chances of landing the cushy job with the nice view and a person Friday at your beck and call. But more and more often these days potential employers are looking for more in a prospective employee than good grades.

Extra-curricular involvement goes a long way as well, so with that in mind I would like to touch upon a few of the things Erindale has to offer. There are a myriad of things to choose from - I know that sounds clichéd, but it's true - and anyone can become involved. For the atheletically minded, E.C.A.R.A. offers both intramural and interfaculty sports, as well as several different programs; examples include judo, aerobics and rock climbing just to name a few.

Also, between Erindale and St. George, there are clubs representing basically every nationality or interest you can think of, and they are all open to any student to join. Of course it is possible that your interest lies in examining the migrating patterns of red army ants on hot sidewalks in Brooklyn, and strangely enough a club for that does not yet exist. That being the case though you would then have the option of starting up your own club - which by the way is great resumé fodder.

Erindale also has both a radio station and - brace yourself for a shocker - a newspaper. Both of these media type things are lots of fun and no experience is required to join up. Anyone interested in becoming part of either of these need only drop by the proper office and talk to the people there. If none of these things appeals to you then you can simply join in on any road trips, social outings, hang out in the Meeting Place, go to the Blind Duck Pub - the more often the better - and just generally make yourself known. If you have any questions but were always too afraid to ask - including questions Woody Allen might ask - speak up, and whatever you do, don't reach for the snooze bar.

ARTS writers wanted.
Call Mellanie.
828•5260

Assistant Advertising Coordinator needed. Please call Cindy or Steve for further details. 828-5260

NEWS WRITERS NEEDED!
Anybody who wishes to write about what goes on at Erindale should drop by and leave us your name and phone number.
NO EXPERIENCE NECESSARY!
And that's the news.....

GOT A BEEF?
Write a letter to the Editor and purge yourself of any vicious thoughts you have been harbouring. Please include your name, phone number, and limit yourself to 300 words.

***medium II* needs Photographers to immortalize the exciting goings on at Erindale. Camera ownership is a definite asset, however experieince is not necessary.**

University survival - avoid hard work at all costs!

by John Tyler

I believe the hype surrounding the old adage, "Don't take courses on Fridays." There has always been something mystical about Fridays for students. Friday is sacred; Friday is a day of rest, rest needed mainly because of pub night on Thursday.

Who has time for education when you're doing one of three things in the morning: 1) estimating the number of drinks you consumed; 2) wondering how you got home; and 3) now that you are home, how you gonna beat this #@$&% hangover.

However, economic and political science students should not need to rest on Friday, having slept through all their exciting lectures the previous four days.

This four-day schedule originated at Erindale in 1972 when the then-Dean of Languages, Dr. Jean Guy Rabbabeau declared, "No more finals - and I do not play for les Canadiens." It is evident, based on the fervor and intellectual appeal of this statement, that the social sciences, humanities, and real sciences (physics, biology, arcwelding, and ski-management) would never be the same.

The sociology department took the lead by exempting everyone from final exams except those stupid enough not to take sociology courses. And many people do not. For all those people who have suffered through psychology lectures and labs I have some bad news for you: psychology as an academic subject does not actually exist. Psychology is a leech, sucking the blood out of the domains of histroy and sociology. Think of it this way: when you go to Marine World, do you go to see the sharks or to see the leeches that are trying to hang on for the ride?

Remember that university is just a game. Pick the right courses that have the highest marks. Stay away from Friday classes and any course that has finals. Stay away from multiple-guess testing and stick with the essay. Make sure that you protest every mark you get and move your way along the bell curve. Oh yeah, make sure that you get all your essays laserprinted and bound by professionals before you submit anything.

John Tyler is a somewhat cynical graduate of these hallowed halls who wanted to unburden himself on anyone who would listen.

PERSPECTIVE

LETTERS

medium II welcomes letters to the editor on any issue. Letters must be typed or printed legibly and writers are encouraged not to exceed 300 words in length. Content which is judged to be libelous, sexist, racist or homophobic will not be published. Letters may be edited for brevity, but it is standard *medium II* policy not to edit letters for spelling or grammatical mistakes. All letters must be signed and include a phone number for verification purposes. Some Letters may be held back due to space limitations. Mail can dropped off at our office in room F18 of the Crossroads Building or through Campus Mail in the South Building.

Some unofficial Erindale terms

The official first week of classes at the University of Toronto. Frosh Week is over. The real fun begins. The learning begins. To help with your first few days on campus keep these few definitions on your person at all times. They are not part of your frosh hygiene kit.

South Building: Located at the south end of the 5 minute walk.

5 Minute Walk: Better known as the 4 minute jog. The too narrow, too long, too crowded path running between the South and the North Building. Accesses everything on campus except your class on time.

North Building: Located at the north end of the 4 minute jog.

Crossroads: Where the roads cross.

Blind Duck: Follow the faded duck feet along the 4 minute jog. Careful, new entrance is at the south end. Where the beer is warm and the schnitzel is cool.

Syllabus: This is a handy guide carefully prepared by your professor to inform you of the date when your essay is overdue - refer to it the night before to be sure.

Bookstore: Located somewhere in the South Building, housing nearly all or at least half of the books listed on your syllabus — Beware! Buy only what you intend to read.

Library: Located above the Bookstore. Books are cheaper here. The place to go when your essay proves too tough to write from cerebral recall.

Barbed Definitions
by Ron Gable

Recreation Office: Located near the Bookstore and close to the Gym. A popular spot for heated discussions on gender equality and sexual degradation.

Cafeteria: Sensed everywhere. Eat in. Take out. Cater to the profits of Beaver Foods. No, the burger is not Beaver, but the mush is muskrat.

Concourse: Where you are now, you and the rest of that long line.

Registrar: The office at the front of that long line.

Information: Ask them why they open so late and why they never have change for the twenty you use to bus tickets to St. George.

Smoking Area: Anywhere under the signs with the red line through the cigarette, Or, so it seems.

Dean's Office: Who knows?

Principal: Who knows?

Parking: Usually unavailable. Where campus security hang out ticketing students' cars sporting paid parking permits but parked haphazardly in newly created spaces. The place to arrive at 8 a.m. for a 1 p.m. class.

Security: Ask at the information booth and they'll turn you around or send you to the parking lot. (There are no donut shops on campus).

There are many other important offices, locations, buildings etc. but most are better left undefined except one.

***medium II*:** Located near the 5 cent copy machine where the roads and the stars cross.

Letter of the Week

John Kordic no hero of hers

Dear Editor,

Re: Kordic's Death Hits Hard, Issue of Sept. 9

Admittedly Sports Illustrated's headline, "Death of a Goon" was sensational and insensitive to John Kordic, the human being. But there are some facts that the press reported that cannot be denied. Kordic took steroids and cocaine, was known for his belligerent fighting style on the ice and ultimately blew every one in a million opportunity he ever had in hockey, including a chance to play with Edmonton in the upcoming season. He was also charged for trashing his girlfriend's apartment shortly before his death.

He may have had personal and emotional problems but we can't make excuses for him. John Kordic was no hero of mine.

Sincerely,
Marianne Premuzic

Sex - the oldest commodity

by Ron Gable

Last week *medium II* was filled cover to cover with condom content. Now, I suspect, we are all just a little full of the issue.

However, there is a spin-off that I believe needs discussing. *Respect Yourself* is on a mission to save as many souls at Erindale as Dan Quayle has saved in the United States. I'm speaking of the Republican resurrection of family values in America. The issue in the U.S. is not Murphy Brown; she is simply a popular target. The issue is the prescription of THE CHOSEN PEOPLES' lifestyle as right without regard for the choices of others in a diverse society. Condoms in campus kits provide the same target for our own Mississauga missionaries. Republicans and Erindale evangelists attempt to paint the past as a desirous and more illustrious time. All generations before us were chaste: "they did not have aids..."; they were law abiding: "they did not riot on Yonge Street..."; they were normal: "gays did not march in the streets..."; they were better: "just ask mom." In fact there were the desirous and the illustrious but desire and lust were also very real elements of society. It was normal.

Pre-marital sex, sin and homosexuality have been societal realities since before Joseph met Mary. The demigods preach that sex is bad and must always be bad except between man and woman, that is man and wife, that is man and the female to whom he has married according to the laws dictated by other men. That is the problem, a morality dilemma between what is dictated by the demigods and what is practised by the true democrats. Democracy and freedom of religion equal freedom of choice and freedom for family values that may differ from the nesting habits of the Quayle.

We Christians are taught that God gives us the ability to suckle and breath as infants. He/She gives us teeth as our digestive system adapts to solid food. We miraculously produce antibodies to disease within our immune system. God designed it this way. Oh! omniscient and omni-potent God, if these earth-bound dictators of moral goodness are right, why did you give us eggs, sperm and hormones at the age of twelve? Why not just give us babies like you gave to Mary (no sexual battery required). Were we to make the choice?

Family values are important. Personal values are important. However, to dictate that they have to be equal to those chosen by George Bush and George Washington is not just. A society of individuals cannot coexist each having respect only for her/himself. Instead, such a society can only thrive as individuals allowed personal choices. This Utilitarian outlook gives credence to the respect of others in the society but not to the extent of surrender to their prescribed values. Yes, respect yourself. Also, respect your partner. Sex is a wonderful thing when complete consent and respect are present even if love and marriage are not. But no respect is due to anyone who is not in the room. In short, respect the rights of others to have a choice.

Condoms in campus kits, single professional moms on T.V., gay activists, race activists, rights activists, waste activists and chaste activists all have a message. They are entitled to deliver their message. Give me your message. Argue for your choice. Don't try to give me guilt if my choice is not the same.

On the Fence: Don't think of it as a condom. Think of it as a chaperone. Tell mom you have a chaperon tonight and watch the joy in the nostalgia of the good old days. Next week more on family values for better or for worse.

Talking Heads

What are you looking forward to the most about going to university ?

Tracy Fowler
"I'm looking forward to living in a new environment, meeting new friends, and earning a valuable education; overall having a great time!"

Sharon Keown
"I'm looking forward to getting the best education possible while partying just as hard!"

Paula Marcelino
"Looking forward to meeting new people and expanding my social horizons."

Mike Clancy
"Meeting people, new events and new faces, parties and a little bit of school!"

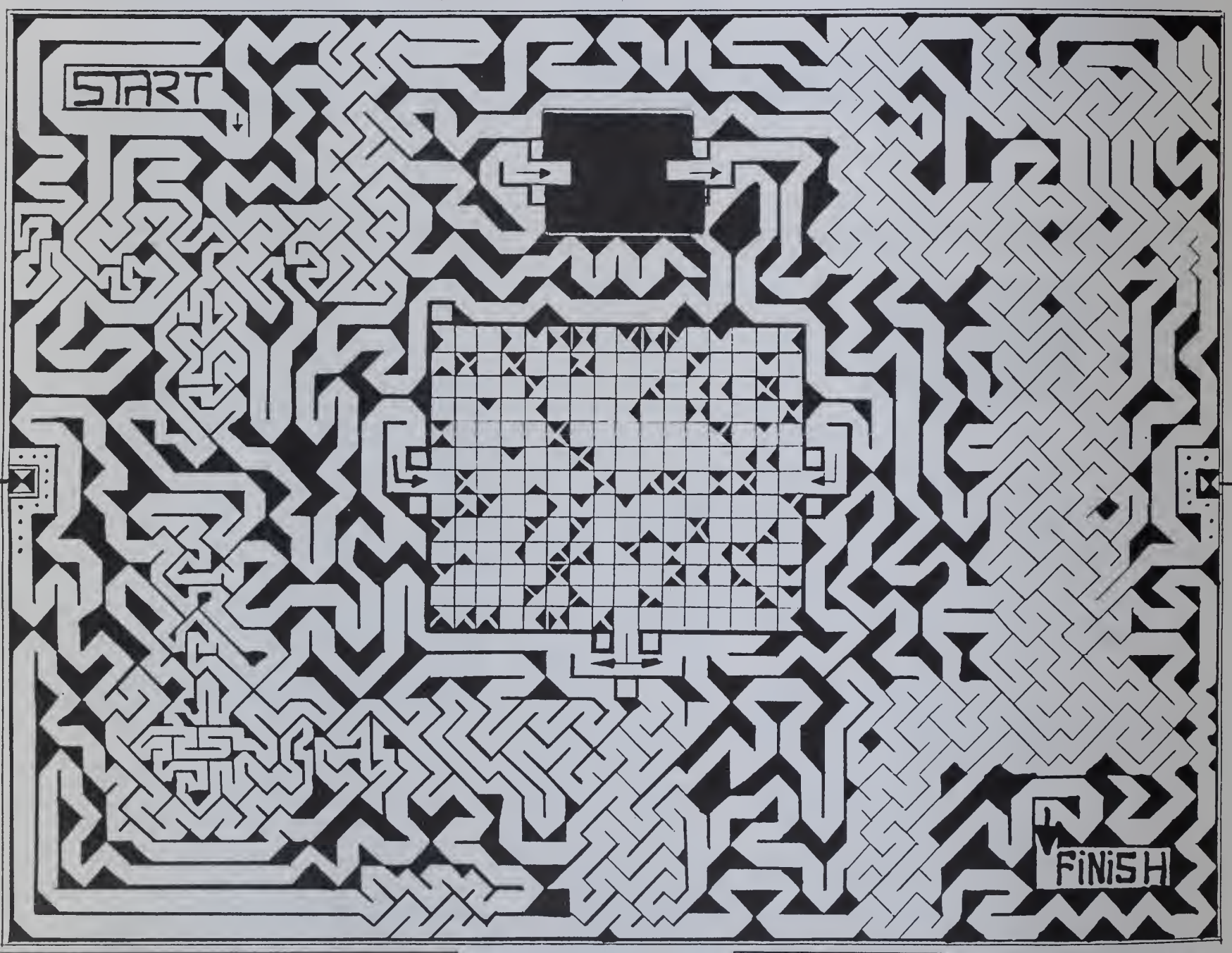
Zubin Bamji
"Getting to know people, playing sports at a higher level, learning interesting courses, the beer and the rest."

TIME TO PLAY

Rules of the Game

by Robert Strong

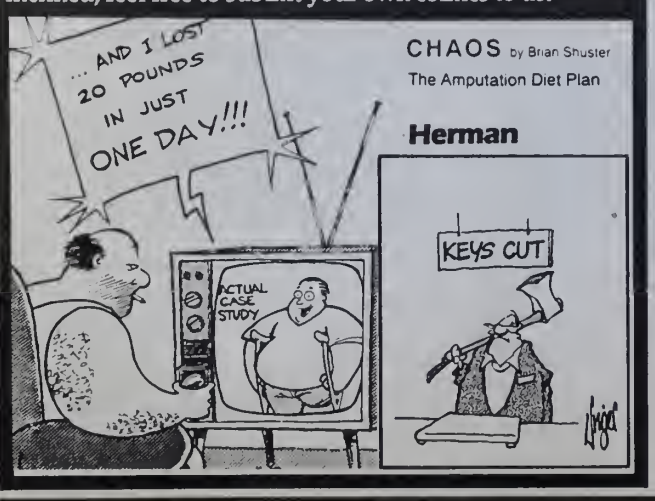
There are several things which make this maze unique that should be noted before you begin. You start the maze in the regular fashion, but once you reach the central grid there are rules that must be adherred to if the game is to remain a challenge. First of all, follow the small black triangles in the way that they point. In other words, treat them as directional arrows. For example, if you reach a grid with an arrow pointing upwards, you must proceed upwards until you reach the next square that contains a triangle and follow the direction that it points in turn. If you reach a grid with more than one directional arrow, however, such as the first one you see after the entrance to the centre area, you may choose to follow any of the directions in which the arrows point. Continue in this fashion until you are able to exit through the bottom. Second of all, if you come to either of the two boxes surrounded by small dots at the far left and right of the maze you may use them to transport to the box directly opposite from it, sort of like a transporter across the maze. In other words, if you enter the box at the left of the maze you may continue your journey from the right hand box or choose to turn back if you wish. These instructions sound a little strange, but they help to make the maze a unique challenge. Good Luck!



CoMiX

or as Gary Larson would say... WEINER DOG ART

Any artists out there at Erindale? If so and you feel so inclined, feel free to submit your own comics to us.



According to Guiness

Most Miserly Miser

Hetty Green in the early 1900's kept more than $31 million in the bank, but she was so stingy that she would not pay for a doctor for her son. She wasted so much time searching for a free clinic that her son had to have his leg amputated. She lived on cold oatmeal, and left $95 million in the bank when she died in 1916.

Lowest Incomes

The poorest people in the world are the Tasaday tribe of cave-dwellers of central Mindano, the Philippines, who were "discovered" in 1971 and live without any domesticated animals, agriculture, pottery, wheels or clothes.

Worst Tongue-Twister

The most difficult tongue-twister is deemed by Ken Parkin of Teeside, England, to be as follows:

"The sixth sick sheik's sixth sheep's sick." - especially when spoken as quickly as possible.

What can you buy for a dollar?

A can of pop?
Sure, and now you've drunk it, what are you going to do?

A used record?
You could probably get something like ABBA on vinyl but it doesn't do much for the CD collection.

A chocolate bar?
Does your face really need it? Besides the vending machines in the South Building give half melted ones.

20 photocopies?
Is this your idea of a good time?

Admission to see a movie?

Dollar Cinemas™

presents:

Movies for $1*

*with membership

How it works:

Dollar Cinemas are committed to giving movie goers good value and excellent service. The first time you visit us, you purchase your membership card. "Wait a minute! This must be the catch." Fear not. Membership is only seven dollars. So with that, and your ticket, you've still spent less than other movie theatres. Your membership does have its privileges,

•now you don't have to wait until Tuesday for cheap movie prices. Dollar Cinema's are always just $1.

•Special Screenings and Premieres
•Free ticket on your birthday.
•Prizes, Contests & Giveaways.
•Member selected movies
•Current movies include, Far and Away, Prelude to a Kiss, Alien 3, Diggstown.

Dollar Cinemas™
members only special

FREE LARGE POPCORN

when you buy a large Coca-Cola® product.

Present this coupon at the Cinema. Experies Oct. 14/92

Call our Program Information & Show Times

HOTLINE
896-FILM

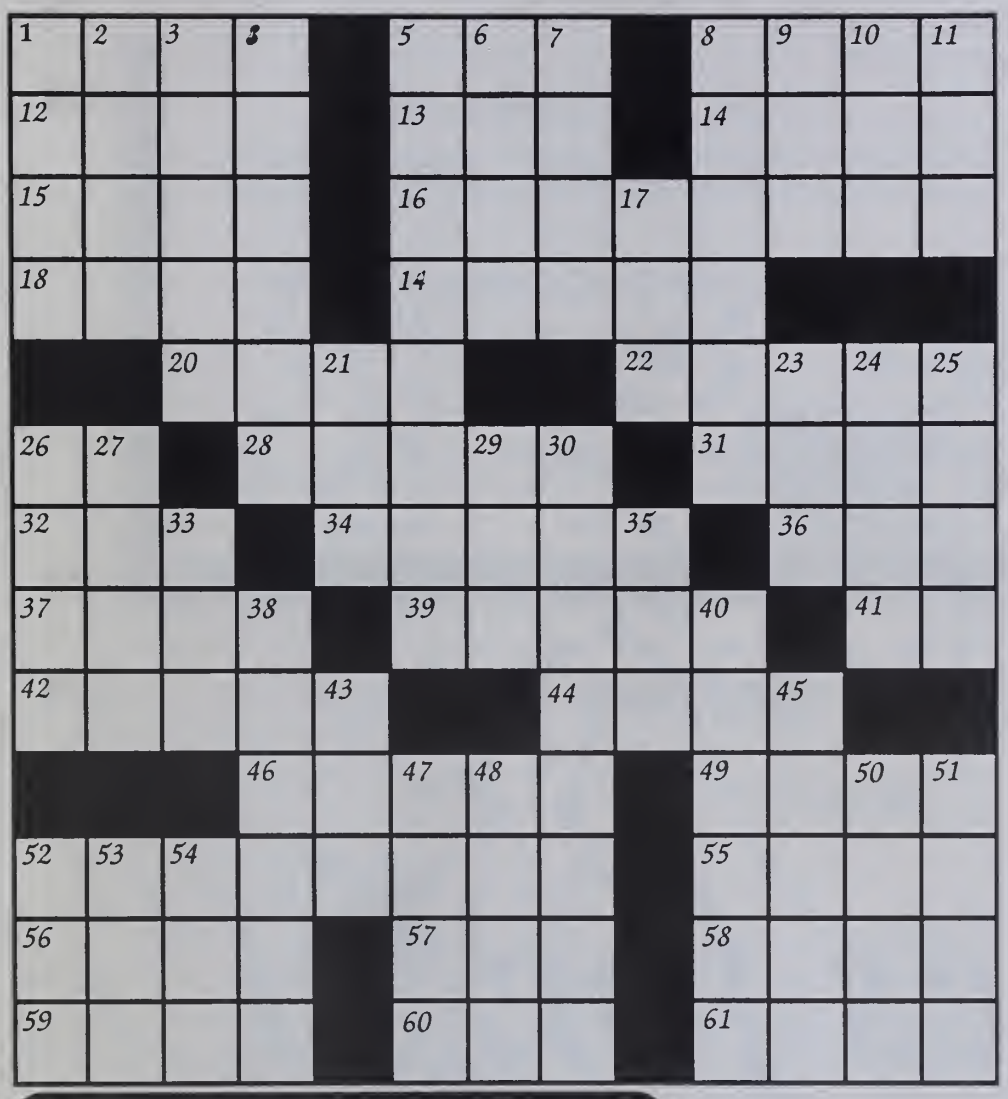
Hesitant about becoming a member?
Check out a few shows before signing up. The price is only $5.00

Central Parkway Mall, 377 Burnhamthorpe Rd. E. 1/2 mile east of Square One

TIME TO PLAY

Kross Crossword

A *medium II* puzzle. Difficulty - medium



Across

1 Stain
5 Scrooge word
8 Rugged Rock
12 Shoestring
13 Regret
14 Assistant
15 Level
16 Haphazardly: 2 wds.
18 Singer Martin
19 Asian snake
20 Pleasant
22 Farm yields
26 You and I
28 Auctions
31 Christmas
32 Knock
34 Jeopardy
36 Decade
37 Region
39 Claw
41 Paid notice
42 Put into soil
44 Heroic poem
46 Long (for)
49 "I Remember ___"
52 ABC's
55 Grain husks
56 Superman, for one
57 Slippery fish
58 Misplaced
59 Store away
60 Crafty
61 Otherwise

Down

1 Snow vehicle
2 Surface of a road
3 Body of water
4 Evert's game
5 Wrist ornament
6 Car
7 Bandleader Alpert
8 Yellow bird
9 Free (of)
10 Fuss
11 Emerald of ruby
17 Circle section
21 Beret
23 Not in
24 Entreaty
25 Transmit
26 Prepare gifts
27 Nobleman
29 Time period
30 Without noise
33 Legume
35 Trim (a tree)
38 Carelessly
40 Agile
43 Afternoon social
45 Ms. Burnett
47 Lincoln and Vigoda
48 Film spool
50 Large quantity
51 Poker stake
52 Exclamations of delight
53 Permit
54 Paid athlete

medium II Brain Teasers

The invitations to Father Incognito's Hallowe'en party asked his guests to dress up so that nobody would know who's who. Unsure of what to do, all his invites promptly sought out a professional costumer to suggest the perfect disguise.

Below are Father Incognito and the nine other guests as they appeared leaving the costume shop in their everyday attire. At right are those same 10 people at the party. Their disguises involve the usual padding, wigs, or complete body suits, but of course even a great costumer cannot conceal a large feature in a smaller one. By carefully taking into account everyone's distinguishing characteristics (both cocealable and not), can figure out who's who? We'll get you started by telling you that Father Incognito did *not* come as himself!

The Costumor is Always Right

Erindale College Student Union

SEPTEMBER

Spirit Cruise

aboard the

Mariposa Belle

September 23,1992

$14.00 a ticket

Sponsored by *SAC*

Deadly Hedley Jones

President's Message

The Erindale College Student Union serves as an elected representative for the undergraduate students of Erindale College. Its purpose is to promote the welfare and interests of students. I would like to personally congratulate the 1992 Frosh and welcome back all our returning undergraduate students. This upcoming educational year seems very promising, the students of Erindale are very fortunate in that the 1992-93 council is a dedicated group of directors whose sole purpose is to facilitate the link between academic and social learning. This is an integral part of the university experience. I look forward to serving as your President and I hope that the students of the Erindale College use to their full advantage the student services open to them. Good Luck!!

MEMBERS OF COUNCIL

President	**David Amato**
Vice-President	**Frank Barrese**
Academic	**Julie Rezvani**
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Special Projects	**Mary Kosta**
Sponsorship & Promotion	**Sean Dunne**

Attention Graduating Students

We need your help for the location of the Grad. Night, on June 18,1993. Please clip the form below and return it to the ECSU office. Room 11E, Crossroads.

Name: _____

Phone: _____

Suggestions: _____

_____

_____

STUDYING 101: THE PRICE O

There's a right way and a wrong way to study. And just like most things, doing it right makes all the difference. But even though most of us know how to study, we don't do it right anyway. Sometimes developing good habits is impossible because we procrastinate while at other times we find it hard to break bad habits. For example, I used to study on a comfortable couch curled up in a blanket. This seemed like a perfect way to offset the displeasure of studying, but of course, all it caused me to do was fall asleep before I finished reading the first line. The truth is, I always knew that I should be studying at my desk in a reasonably uncomfortable chair and as soon as I forced myself to do this (years later) my marks started to climb.

So my point is, that if you read this, even if you pick up one good new habit, it's worth it. But of course, my hope is that you follow all of my advice because ultimately if you study right, you won't have to spend as much time actually studying in order to get good marks and you won't experience as much anxiety around tests.

It's still the beginning of the year and there's hope for all of us yet. I hope you have a great year at school and as much as I sincerely hope you follow my study tips and earn great marks, I also hope you do *a lot* more than just study.

The Importance of Motivation

University is very different from highschool and perhaps the biggest change is the amount of personal responsibility that comes along with post secondary education. For the first time in the educational process no one is looking over your shoulder threatening you to do your homework. Of course this means that motivation to do the work must come from within. For many of us, knowing that we dished out two thousand dollars to be here isn't enough to make sure we apply ourselves or even attend classes. Many people I know who came to university for all the right reasons—because they seriously want to learn—don't apply themselves.

It is easier to be motivated if you know what you want to be when you graduate. Many university programmes, however, don't directly lead to any career. Therefore, it is very hard for some students to come to a decision. This is not the end of the world, but if it really concerns you, make an appointment with a career counsellor who will help you pinpoint where your strengths lie.

Possibly the best thing I can tell you is that obtaining high marks in university is positively correlated with obtaining higher income jobs later on. Furthermore, if you hope to go to graduate school, excellent marks are crucial. But as with anything you do in your life, you should give school your absolute best effort for its own sake. It is very intrinsically rewarding to be successful in school. Anyone who's been to university before can tell you how difficult it is to get an 'A'. And anyone who's ever received an 'A' can tell you how great it feels.

Making a Study Schedule

The first thing you can actively do in your attempt to improve your marks is make a schedule for studying. If you follow a schedule, you won't have to waste time thinking about what you should be doing next. You don't have to use a hit or miss approach to decide what you should be studying and thereby end up studying your hardest or most boring subject at a time when you can't concentrate. With a schedule to keep you on track, you won't end up concentrating on one subject too much whilst neglecting another.

When you make your schedule, you should assign less time to easier subjects and more to difficult ones and you should spread out study times because it's easier to learn over smaller clumps of time than all in one shot. It's also best to assign specific subjects to certain times because there is always a best time for everything.

In a schedule you should realistically include time for such things as dressing, showering, meals and recreation as well as when your classes are scheduled for and the times for which you plan to study for each subject. If you have a job and/or participate in extracurricular activities, include them too. Once you get into the swing of things during the year, amend your schedule because at that time you will have an even better feel for how your time should be used. And if you ever find that you can't follow the schedule, don't be afraid to change it.

There is a general rule which states that for every hour you spend in class, you should spend two hours studying that subject. Take this with a grain of salt but it isn't a bad thing to remember. Be sure to make use of the stray hours with which you find yourself during the day. If you have an hour before a lecture, review some of the assigned reading which will prepare you for class. If you have a free hour after a lecture, it's a good idea to review the notes which you just took. You should also rewrite all your notes in point form to optimize your comprehension of them.

Set up definite periods in which you do nothing but study. But remember not to study longer than one hour without a break. Find yourself an isolated place to study where there will be nothing to distract you. And although it may not sound important, it is crucial to study *at a desk* that doesn't have anything on it that does not pertain to the matter at hand. If you do this much, you're well on your way.

Finally, there are some very basic skills that one can learn that are extremely important for success in university but for which I do not have the room to discuss in the present feature. Learning how to read well, taking good lecture notes, and learning how to study from textbooks are just some of the fundamental skills required to succeed at university. If you find you are deficient in any such areas, there is an excellent book available called *How to Study* by James and Ellin Deese. This book supplied a lot of the information that I included in this feature. There are also numerous other books available in the Erindale library on the subject. In a lot of courses, such as history and English, the ability to write essa
lot of outlets which provide help
is the Career Centre's Writing
information stated above will be
one must be motivated and orga
up with the reading and be able
really hope that you have ascert
have written. University is a ver
never forget that you can't do it
search for the help that you nee
people in a position to help like pr
are unable to come knocking on
help.

1992 Essay Contest

Here's your opportunity to voice what you like and what you don't like about the University of Toronto and why. Submit a 2000 word essay dealing with this topic to *medium II* before December 4, 1992 and you will be eligible to win one of the following prizes.

1st Place: Your essay will be published as a *medium II* feature, plus a *medium II* T-shirt

2nd Place: *medium II* T-shirt

3rd Place: Two free Domino's pizzas.

• *Winners will be announced in the January 5th issue.*

Writers Needed For Features

If you have an idea and you think it could be elaborated upon and converted into a feature, call me at the *medium II*. No experience necessary.

Marianne

828-5260

"My scho
going t

URES

OF SUCCESS IN UNIVERSITY

How Good A Student Are You?

A self analysis quiz for all students

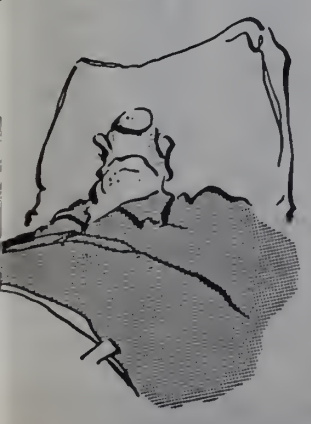
Read carefully each of the following questions, and answer it honestly by writing a "yes" or "no" in the margin to the left of the question. When you are finished, see the directions for scoring at the end of the test.

1. Can you think of anything that prevents you from doing your best work?
2. Do you usually study every day in the same place?
3. Do you usually know in the morning just how you are going to spend your day?
4. Does your desk have anything on it that might distract you from your work?
5. When studying, do you frequently skip the graphs or tables in your textbook?
6. Do you frequently make simple charts or diagrams to represent points in your reading?
7. When you find a word in your reading that you do not know, do you usually look it up in the dictionary?
8. Do you usually skim over a chapter before reading it in detail?
9. Do you usually glance through a chapter, looking at the paragraph headings, before reading it in detail?
10. Do you usually read the summary at the end of a chapter before reading the chapter?
11. Do you keep your notes for one subject all together?
12. Do you usually take your notes in lecture in outline form?
13. Do you usually take your notes on reading in outline form?
14. Do you usually try to summarize your readings in a sentence or a short paragraph?
15. After you have read a chapter and taken notes on it, do you usually write a summary of the chapter as a whole?
16. Do you sit up studying late the night before an examination?
17. In preparing for an examination, do you try to memorize the text?
18. When you memorize something, do you usually do it all at one time?
19. Do you at times try to analyze your work to see just where you may be weak?
20. Do you often write an answer to a question and then realize that it seems to be the answer to some other question on the examination?
21. Do you consciously try to use facts you learn in one course to help you in your work on some other course?
22.Do you usually take notes in class just as rapidly as you can write?

In the past, Luella Cole Pressey gave questions like these to fifty good students and fifty poor ones at Ohio State University. Good students more often than poor ones answered them as follows: (1)no, (2)yes, (3)yes, (4)no, (5)no, (6)yes, (7)yes, (8)yes, (9)yes, (10)yes, (11)yes, (12)yes, (13)yes, (14)yes, (15)yes, (16)no, (17)no, (18)no, (19)yes, (20)no, (21)yes, (22)no.

A note from the featues editor:
I am in no way liable for the bad marks resulting from the use of the above mentioned advice. You may however sue the pants off the production manager if you are insulted by the size, colour and shape of Grover. Or the size of the Carreer Center ad. OR the lack of a bubble...

...s will be paramount and there are a ...n this realm. The mostimportant one ... Lab. But even in such cases the ...useful because even in these courses, ...nize one's time well in order to keep ... to hand assignments in on time. I ...ained something of use from what I ... stressful place to find yourself and ... alone. Sometimes you will need to ...d because in a sea of 6700 students, ...fessors and CareerCentre personnel ...our door. Never be afraid to ask for



...ol report card is not ...p help your ulcer."

CAREER CENTRE NEWS

'93 Grads Seeking Permanent Work

Register NOW for the On-Campus Recruitment Program at 9:00 a.m. sharp on any weekday. Major corporate recruiters interview on campus between October and March for jobs beginning between Spring and Fall 1993.
A great way to gear up to the job search.

Interested in Federal Government Career Opportunities

Applications available NOW and deadlines Oct. 2 and 16, 1992 (for jobs next year).

Examples of career areas promoted ...

Audit Trainee/Financial Officers
Economist/Sociologist
Info. Systems (computer science)
* Foreign Service (any degree)
Mathematical Statistician
Personnel Administration
Purchasing (Commerce)

Ask about the Info. Session "How to Apply For Government Jobs" on October 7th.

Need Cash?

Part-time jobs advertised now in Mississauga, Toronto, and surrounding areas.

Drop by the Career Centre and find out what's on!

WELCOME BACK!

More details at the Career Centre, Room 3094, S. Bldg.

at the Blind Duck Pub
Tuesday September
29,1992
$5.00 a ticket

Alternative

Acid techno

---

*un*CENSORED
comedy night

at the Blind Duck

September 16, 1992
$5.00 a ticket
You'll laugh your head off!

Used Book Data Base

Now available at the Erindale College Student Union. Drop off books to be inputted or requisitioned at the ECSU office. This service reduces paper waste and will help students identify with a central area to obtain used books.

This is a free service to students.

Contact: Mary Kosta, 828-5249

The ARC

(the Annual Rating on Courses)

is produced by ECSU. Copies can be picked up in the north and south buildings. Having trouble choosing courses? This book comes in very handy!

"This was the most organized group of such a number of people that we have ever seen. We're accustomed to groups of one hundred that arn't nearly so together." Hart House Farms Chief Coordinator.

Attention Students:

Erindale College
Student Union
presents:
Club Week
September 21-24
in the Meeting Place

Help Wanted:

As of September 1, 1992, the position of Chairperson and Secretary opened at the Erindale College Student Union. Any interested parties should contact the ECSU office at 828-5249. Deadline: September 18,1992

The Blind Duck Pub is currently looking to fill the position of Assistant Manager. Interested parties should drop off a resume at the ECSU office. 11E Crossroads Building.Deadline: September 18, 1992

"To dream of noodles, denotes an abnormal appetite an desires. There is little good in this dream."
--G. H. Miller

Arts

"To see a mouse-trap in dreams, signifies your need to be careful of character, as wary persons have designs upon you."
--G. H. Miller

Big top show goes over as smooth as *velvet*

by Sean Dunne

"Hey wow, bubble hockey! Does it work?" These were the first words spoken to me by *Tim Welch*, guitarist for the Jeckle and Hyde band **National Velvet**. We were in the Blind Duck a couple of hours before the show. I had just finished getting their dressing room ready and didn't know what to expect. I was thinking I'd have to put up with the dark group of people we see on stage. What I did have to put up with, however, was four happy, easy going, nice guys and one quiet and maybe even a little shy woman.

In the few hours before the show, they laughed and joked and played every video game in the pub at least once. They were easy to talk to and easy to get along with.

Nine-thirty arrived and both the **Pseudo Blues Band** and the **Male Order Brides** had already received a great and deserved positive response to their electric performances. The lights then went out. Everyone in the tent turned towards the stage. The music started and they did it again; they surprised me. I don't know what happened between the short walk from the pub to the north field but the chameleons had turned once more. They were the same people I had played bubble hockey with in the pub but somehow they seemed different. They still had their sense of humour; they wore stained, old pub aprons over their clothes, but this time the humour was not happy-go-lucky, it was dark, maybe even a little black.

Maria Del Mar had broken out of her spell with turbulence. She danced and stalked the stage, kicking and scratching at phantom lovers and enemies. She jumped down and danced with the crowd, involving them, engrossing them, giving them exactly what they wanted. The woman whose father was a matador was following her roots.

The crowd was hit with a barrage of fast paced songs of familiarity such as "Shine On," "Flesh Under Skin," and "Sex Gorilla" as well as being introduced to a few new ones from their forthcoming album, *Courage*. It didn't matter what the song was, National Velvet fed it to the crowd and they took it in whole-heartedly.

By the time eleven o'clock came there was no way the band could walk away from what they had started and there was no way they were about to. They jumped back on stage in a thunder of applause and performed two more songs including a cover of "Shout." When that was completed, they made their exit from the stage, quietly slipping into the night.

I don't know if I could sum up the show nor describe their performance in one sentence, so to steal a quote from Maria, National Velvet could best be described as a racy rock band with a somewhat underground following who are "looking at the nineties with a sense of optimism and knife in hand." I think this characterizes the band beautifully and I'm sure that most people who were in the tent would agree.

photo by Paul Hartman

Maria Del Mar gets all pumped up during her hot rendition of "Shout" Saturday night at the frosh tent.

An electrifying broadcast

U2 at the CNE Grandstand, September 5th & 6th.

by Trevor Hogg

Very rarely has a band's world tour captured the imagination of both fans and music critics like U2 has for the past seven months. Is it justified? Let's just say the show is a spectacle that really shouldn't be missed due to the group's energetic performance, their flamboyant stage setting, as well as their great fan reaction.

It would be safe to say that more than one hundred and ten thousand people witnessed the forty-eight hour Labour Day Weekend event. Particularly amazing, apart from the music, was the huge seven story Gothic stage which featured suspended cars (their headlights were used as spotlights), an arsenal of speakers, both large and small video screens and air traffic warning lights! This show was definitely spectacular.

Due to the crowd's readiness to sing along with the various choruses, it was obvious that they came to see the band play, not just to hear one or two favourite songs. The centre piece of the show was U2's latest effort "Achtung Baby" with a heavy dose from their "Joshua Tree" catalogue. They also did covers of the *Righteous Brothers'* "Unchained Melody," *Ben E. King's* "Stand By Me," and *Elvis'* "Falling in Love With You" which closed the concert.

Even though the group played for about an hour and forty minutes, the show seemed to have no sense of finality. This could be because *Bono*, the guitarist *The Edge*, bassist *Adam Clayton*, and drummer *Larry Mullen, Jr.* took to the stage early and decided not to extend their playing time.

The band's strong stage presence was enforced by their images repeatedly being flashed on the several screens surrounding the stage. In a way this made the concert more intimate for the fans as they could clearly see the group up close. In fact, U2's show could be considered a partial tribute to Elvis with Bono imitating the King's larger than life stagemanship. Bono's tight black leather outfit also added to the atmosphere as it was very similar to what the legendary rock'n'roller wore in his 1968 TV comback show.

During the encore, with a mirror in hand, Bono kissed his reflection and declared aloud "You're fucking beautiful!" It makes one wonder if he wishes to become a pop icon like "The King" and Marilyn before him.

Also featured in the show was a belly-dancer for "Mysterious Ways" and two blonde girls who were pulled from the audience to dance with Bono. After opening with "Zoo Station" and "The Fly," his holiness, with remote in hand, comically checked what was on television before getting back to business.

The whole setting was something that could be found in *George Orwell's* **1984** due to the massive media blitz with the video screens. There were also political overtones with images of American president *George Bush*, his vice president *Dan Quayle*, and Black civil rights activist *Martin Luther King* being flashed before the audience's eyes.

If U2's concerts are any indication of where live performances are headed, then the 1990's will be an exciting and glossy decade for all music lovers.

"I'm under his spell"

by Marcia Lawless

Hypnotist *Casey Bones* got orientation 92 off to a great start last Thursday as he turned the meeting place, filled with approximately 400 wide-opened frosh, into a comedy club.

Twenty students, as well as their leaders, were brought to the stage to participate in a comical hypnotic demonstration. Little did any of the volunteers know that they would be acting out of character later. The hypnotised students participated in an array of situations ranging from looking for a lost boat at sea in shark-infested water to performing a male striptease act.

This hypnotic showcase was definitely an entrancing, entertaining success.

photo by Paul Hartman

Hypnotist extraordinare Casey Bones puts frosh under.

Arts

Song lyrics are life is a lyrical song

Rambling...
with Russell Stadey

Celeste walks towards Chris who sits on the curb, a glaze in his eyes. She sits beside him, her knee high boots crinkling, catching the light of the street light. Fatigue heavily sits on her face. *She pulls her dinner from her pocket*[1]*, puts a cigarette to her mouth*[2] and pleads, *"Please, please, please let me get what I want?*[3]*"*

Chris eyes her. Lately he has had trouble understanding her. He wonders if there are deeper motives behind her stylized image and simple talk. *"I've got a Great Big hit of acid waiting to be taken."*

"So what?[4]*"*

"You'll be Godlike.[5]*"*

"So.[6]*"*

"I've had my fun and now it's time to send your consience overseas.[7]*"*

"Are you all right? Why don't you mellow?[8]*"*

"I've got too much caffiene in my blood stream, and a lack of real spice in my life. I said leave me alone 'cause I'm all right.[9]*"*

She shoots back, *"Hello, I know you, I knew you.*[10]*"*

"You don't know me, I don't know you.[11]*"*

"You're all Thieves, Liars, Hypocrites, and Bastards.[12]*"*

"You worthless bitch, you fickle shit.[13]*"*

"I've been all over the world and all you men are slime.[14]*"* Hurt, she changes her approach. She lights a cigarette, relaxes and comes at him from a different angle, *"Why can't you enjoy life without enhancement?*[15]*"*

"It's even better than the real thing.[16]*"*

"You just can't deal with reality."

"Bullshit, *the only way of life is your own.*[17]*"*

"Man, you've got to get off that shit. It's really fucking you up."

"Shut up, I do, I do what I wanna do.[18]*"*

Celeste lights a cigarette, pulls her long black hair, grimaces, arches her back and slowly lets her body go limp. "Okay, new topic."

Chris, eager to relieve the stress and scrutiny, agrees. "Why aren't you with Jess?"

"He treats me like a ragdoll.[19] Where is Gab?"

"She's in parties.[20]*"*

"She is a fiend compared to you. She is not from this planet."

"Yeah, *She came from Planet Claire.*[21] If you are so down on my lifestyle, why don't you tell me what turns your crank."

"I like *Sex on Wheels*[22]*, I believe in watching you*[23], and I like to dance *all day and all of the night.*[24]*"*

Chris grins, bums a smoke and ejaculates, "Cool."

Celeste, feeling much relieved, gives him her assurance, "I'm okay. I just don't like to see you this way."

"I understand. I'm doing my best to keep it under contol. You know *I'm not the type of dog that would leave you hanging.*[25]*"*

All this mindless rambling to illustrate the point that life truly is a song lyric.

---

[1] Jane's Addiction; [2] Lost and Profound; [3] The Smiths; [4] Ministry; [5] KMFDM; [6] Peter Gabriel; [7] R.E.M.; [8] P.S.B.; [9] The Smiths; [10] R.E.M.; [11] The Doughboys; [12] Ministry; [13] Bauhaus; [14] Sonic Youth; [15] A Metaphysical Dog; [16] U2; [17] The Levellers; [18] Eat; [19] Jane's Addiction; [20] Bauhaus; [21] B52's; [22] My Life With The Thrill Kill Kult; [24] The Kinks; [25] R.E.M.

Listen to me!

by Tomasz Awdankiewicz

Million voices in the deafening silence
telling me how to live
or how to be.
No more!
There is a story that I must tell
the dire outcome of lost sorrows.
In its long-lasting mirage
lies the truth of long forgotten people.
What are the voices telling us?
What are the ears hearing?
What is it that I'm missing?
The orange-faced flower of forgetfulness...
Abandon me my thoughts,
leave me alone with my heart
and the emotions which foretell my existence.
The rock is slippery, wet
sharp edges hurt the hand.
The earth escapes from under my feet.
The sky cries out its morning song
limited eternity is what I long for.
Searching the deep canyons of perpetual sleep
bruising my fingers, being to tired to weep
I behold the sullen treasure
among the gardens of dried leaves.
Decaying at its alter is a world of dreams
which all of us have reached sometime or another
but never chose to stay in, saying
farewell, I must search again.
Search for blasphemy
to express my devotion to man.
Search for murder
to find the micro-element of life.
Long for the moon
facing the twilight of the night.

Arts

Places to buy those hard-to-find CDs

SOUNDBURST
with Tom Sekowski

As a new school year begins, many of you will once again (or for the first time since high school) find yourselves exposed to inventive and exciting forms of music. The problem that will inevitably arise is one of not being able to find most of this mind-expanding music on any format whatsoever, whether it be cassette, CD, or vinyl. This is, of course, despite the fact that your congenial, neighbourhood suburbia music outlet is *so* "well-stocked." Before you pull your hair out (facial or otherwise) in despair and frustration at your inability to locate good pre-recorded music, allow me to present you with my personal guide to difficult-to-find music shopping in Toronto.

"Flip City, besides being a ticket agent for most local venue shows, specializes in second-hand recorded music on all current formats, with the exception of DAT."

Beginning our journey just west of the Queen/Bathurst area, we find **Rotate This** (620 Queen Street West), one of the newer record store acquisitions in the downtown area of significant worth. The selection here is very diverse, ranging from *Amphetamine Reptile* rock to avant garde noise-jazz (superb, indispensable used *Last Exit* CDs) to African music of *Foday Musa Suso*. All this, along with plenty of new vinyl (and rare 45s), knowledgeable staff, and fair prices (low teens for used CDs and high teens to low 20s for new CDs) ensured me that return visits here are a must.

Next logical stop on our music shopping trek is the ever popular **Vortex Records**, (553 Queen Street West) stationed exactly equal distance between Bathurst and Spadina on the south side of Queen Street West, on the second floor. There are more positive remarks to be said about Vortex than about most other small, independently-minded record stores in Toronto. For one, the variety of their stock is mind boggling, ranging from experimentally/ambient sounds of *Nurse With Wound* or *Current 93* to heavenly pop of *Pierre Etoile* and the *Blake Babies*, to the experimental guitar section with masters such as *Henry Kaiser* and *Fred Frith*. It is also essential to point out that Vortex carries a massive selection of world music from each and every corner of the planet along with Toronto's largest and most reasonably priced assortment of *Shanachie Records* stock, including much of *Thomas Mapfumo's* and *Fela A. Kuti's* recordings on that label. Vortex's other strength is the substantial number of used recordings, to be found on CDs, records and cassettes, all scattered agreeably among the rock, jazz, R & B and classical categories. The fact that Vortex also carries t-shirts and music videos should automatically make it a must to visit for anyone who has difficulties locating rare music.

Heading east, just prior to reaching Spadina on the north side of Queen Street, we find **Flip City Records** (418 Queen Street West). Flip City, besides being a ticket agent for most local venue shows, specializes in second-hand recorded music on all current formats, with the exception of the DAT. While the store's jazz section is not nearly as sizable as the one in Vortex, scare treasures such as *John Zorn's* "Locus Solus" and *Sun Ra's* "Rounder" CDs can be had at a modest cost. The very fact that otherwise expensive imports such as those by *Can*, *Microdisney* and *Diamanda Galas* were all searched out in the midst of Flip City's immense used CD section should make it apparent to the readers that this store is a highly recommended stopover on the Queen Street West record store tour.

Directly east of the CITY-TV parking lot, we walk inside what has to be the most expensive import CD store in all of Toronto, **The CD Bar** (281 Queen Street West). Although The CD Bar is truly pricey in many musical genres, it must be remembered that it does boast more variety of music than most import stores. One method of explaining the expensive nature of most of CD Bar's CDs is the simple fact that many of them are released on lesser known, and harder to find labels such as *REC REC*, *In & Out Records*, *DIW Records*, or *Celluloid Records*. Although every mentioned record store will allow the customer the simple courtesy to preview any CD before the purchase is made, it is comforting to know that The CD Bar has several specially designed listening posts. For the most part, the staff is informative, the selection very comprehensive, and if you have a few hundred dollars, and are willing to pay several dollars extra for those specialty CDs, then The CD Bar is an appropriate store to visit in your case.

Flip City, located in the Queen and Spadina core, hosts an assortment of second-hand recorded music.

photo by Paul Hartman

Located almost directly east of The CD Bar is the Vortex sister store, **Kops Kollectible Records** (436 Queen Street West). Newly relocated from west of Spadina, Kops boasts an impressive selection of new imported jazz, R & B and world music CDs.

If jazz is in your veins, then head straight for **BackBeat** (132 Dundas Street East) located just at the corner of Dundas and Church Street. It is at this store that you will find *Enemy* CDs for under $25 a shot.

"A small, secluded corner of Seekers Books is where we find a fairly well stocked selection of jazz/industrial-ambient/ experimental CDs and records."

Heading north on Yonge, just north of Wellesley Street, we walk into one of the older CD stores in town, **The Record Peddler** (621 Yonge Street). The selection is extensive, but the lack of *Shimmy Disc*, *Celluloid*, and any serious amount of *Enemy* stock, makes this place a rarely visited store by yours truly.

Last, but not least, directly east of the Bloor/Bathurst intersection (509 Bloor Street West—east of Lee's Palace, and just below street level) we walk down to **Seekers Books**. You might be wondering, what the hell does a book store have to do with CD shopping? Lots. You see, a small, secluded corner of Seekers Books is where we find a fairly well stocked selection of jazz/industrial-ambient/ experimental CDs and records of interest at very moderate prices. Gems, such as *Copernicus*, *Michael Nyman*, and *The Deep Listening Band* were all uncovered here by yours truly, and this should be reason enough to pay a visit to Seekers Book's music area. Besides, if you do not find the new *:zoviet-france:* CD that you have searched both long and hard for, then you can always catch up on your reading by purchasing some *Hermann Hesse* books.

Thus our extensive excursion comes to an end. Certain stores had to be left out due to lack of space, and due to lack of satisfying music. However, it should be apparent that the choice for my favourite import CD store is split four ways between Rotate This, Vortex Records, Flip City and Seekers Books. Remember, quench your acquired thirst for CDs by clipping this article out, and stocking up on your money. Happy shopping!

CHICKENFEED

1) Their stage show features mock executions and spurting fake blood and semen at their audience. Earlier this year they released *America Must Be Destroyed.*
2) Who does a passive, almost whispered cover of the *Sex Pistol's* "Anarchy in the UK"?
3) This bleached-black superstar will be performing at this year's Superbowl.
4) *Rush* has donated over one million dollars through charity concerts to which organization?
5) Where did *Cabaret Voltaire* get their name from?
6) What did the *Leslie Spit Trio* name themselves after?
7) *Primus'* vocalist, *Les Claypool*, has what insect tatooed on his forehead?
8) Her *All Hail the Queen* album proved that she could rap as fast and as hard as any man.
9) They broke the charts with "Money$ Too Tight (To Mention)" and "Holding Back the Years."
10) He played Freddy Krueger's step dad in *Freddy's Dead.*

see next page for answers

Arts

Sue Medley: The story within

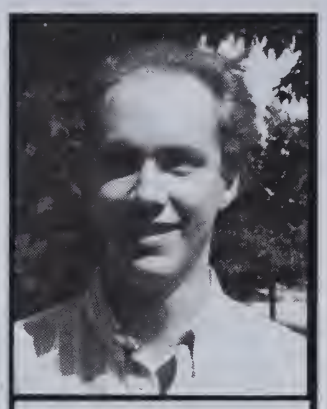
by Trevor Hogg

When I first heard *Sue Medley's* self-titled debut album two years ago, I was impressed by its musical maturity that normally takes a couple of albums for an artist to achieve. So, I wasn't surprised when I found out that this Courtenay, B.C. native had been in the music business for thirteen years. Currently, the thirty-year-old Sue Medley takes a more introspective look at herself and at the world around her with the release of the follow-up effort "Inside Out."

Medley describes herself as being a "hyper child" who chose to play the drums at the age of nine because she liked to pound on them. As a kid, Sue was surrounded by music as her mother was a piano and accordion teacher and her two older sisters had record collections which would eventually get passed on to the youngest Medley. At the age of thirteen, Sue switched over to the guitar which in turn led her to begin songwriting. Two years later, she had turned professional and became part of a folk duo.

Things began to change in 1987 with the release of the independent single "Cryin' Over You" which led Medley to open for country-rocker *Steve Earle* and satirist *Lyle Lovett*. Two years later, came a second single entitled "Angel Tonight" which resulted in a tour with country traditionalist *Dwight Yoakam*. By late 1989, she was signed by PolyGram and began to set about preparing for her first major release which would go on to achieve gold status (50,000 copies) in Canada.

For the second release, the *Mellencamp* crew makes a return appearance with guitarist *Mike Wanchic* taking over the producer's role again. This time around, however, Medley gets a co-production credit for her efforts in the studio. Things got awkward when the recording sessions had to be done during breaks in *John Mellencamp's* "Whenever We Wanted Tour." As a result, the basic tracks were laid down in *John's Belmont*, Indiana studio with overdubs being done in New York, Indianapolis, and Vancouver. The bulk of the mixing was done



Hoggin' Up Space

by *Ross Hoggarth* at *Prince's* famed Paisley Park studio located in Minneapolis.

Medley describes her music as being roots-oriented, meaning that it is a combination of blues, croun try and rock. The first album emphasized the blues element while "Inside out" is more of a country-rock effort with a rough edge.

A serious, "focused" attitude is reflected in the ten new songs (there were actually fifteen recorded) with issues such as child abuse being addressed in "Jane's House" and people trying to deal with hurtful romantic relationships in the title track. Writing about social ills are important to Medley as they are part of the real world in which she lives in. There is no preaching involved, just stories being told. This is because Sue considers herself a storyteller.

It is interesting to note that on the first album, Medley wrote all the eleven tunes with the exception being the *Bad Company* cover. Due to the request of the record company, she reluctantly agreed to go to Nashville to do some co-writing for her next effort. Consequently, four of the ten songs involved collaborating with established writers such as lyricist *George Green* and *Billy Crain*. The whole experience in the end she believes enabled her "to expand her horizons."

The two songs which Sue "likes" the most are the country sleeper "Forget You" which displays a "kiss-off attitude" and in particular the high speed travelling "Southern Sky." The latter one is special as Medley stated that she was in a good frame of mind when the piece was written. It's a "story of a Canadian down south" which was inspired by driving between Bloomington and Nashville on Interstate 65.

When listening to the record there were three songs which caught my attention due to their use of a raw guitar sound. "The Sound and the Fury" is a very dark disturbing rocker while the title track is a slick romantic tune which makes great use of Medley's husky voice. Another song is "I Can't Image" which features a heavy bass beat that in turn creates a mysterious atmosphere for the listener. This composition also reflects Medley's maturity in addressing romantic issues: I wonder what it would be like/ To really be in love/ Does it take time/Or like time, does it just/Keep on slipping away.

There are however two weak tunes to be mentioned. "Forget You" beckons for a pickup in the tempo which does not happen until the very end. The last track "How Deep It Goes" sounds an awful lot like Medley's great ballad "Maybe the Next Time" but unlike its counterpart is unable to avoid being melodramatic.

Sue has been based in Nashville for a year and a half. She finds the people there friendly and the music scene fresh and hip. There is much more to the city than country music (in fact she has yet to visit a country club there) as southern rock, funk, and blues also have a prominent role in the diverse music scene. Due to many artists living there, it is also easy for musicians to lead normal lives in the city.

Being able to complete two albums is an accomplishment Medley is very "proud" of. If she continues to exploit her great voice combined with gritty style of music, Sue Medley will undoubtedly continue to have many more records to come.

videobriefs

Flash Gordon: The Movie
1980, Rated PG

Plot: Hero saves Earth from Space Tyrant, *and* gets girl.

Review: I like **Queen**. Not in the trendy "Wayne's World" way, but in the old "Fat Bottom Girls" fashion. But I still can't stand the soundtrack to *Flash Gordon*.

If you can get the sound of *Freddie Mercury* yowling "Flash-Ahhhhhh, Saviour of the Universe!" out of your head before a week has gone by, you're a better person than I.

This movie is light entertainment. It has a comic-book quality that makes it seem a satirical send-up of sci-fi movies, but I remember that as a ten year old seeing it for the first time, I took it quite seriously.

The Empire Strikes Back was released the same year as Flash Gordon. Draw your own conclusions.

The Super
1991

Joe Pesci, Vincent Gardenia, Madolyn Smith Osborne.

Plot: Slumlord is forced to live in his own building and recognises tenants are people too.

Review: Have you ever noticed how, for some strange reason, there are particular videos that sit in the New Release section, and no matter how desperate you are, you don't rent them? I don't mean the obviously weird or just plain shitty-looking ones. I mean potentially entertaining flics that don't get picked up.

The Super is one of those, and when I finally rented it, I found it quite enjoyable. Let me qualify that statement by explaining the circumstances under which we watched it. On a hot summer night (did we have any?), we moved the t.v. out by the pool and wired it into large speakers. We spent the early evening drinking, swimming and watching *Warren Miller* ski movies, so by the time we put on The Super we were in a receptive mood.

Joe Pesci is one of my heroes. He has his own unique style, and from *Goodfellas* to *My Cousin Vinny* every character he plays is filled with personality. He acts like a walking, talking, wise-cracking water-balloon waiting to explode.

The Super was made before Pesci really came into his own, so don't expect MCV. It is lightly entertaining, especially if you are half cranked and dripping wet.

by Peter Day

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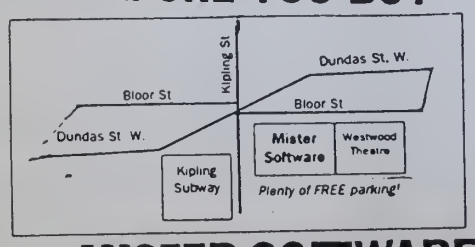

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chickenfeed answers

1) *Gwar.*
2) *Fraser's Group.*
3) *Michael Jackson.*
4) The United Way.
5) They got their name from a 1916 Dada theatre group in Zurich.
6) From a Toronto landfill site.
7) A mosquito.
8) *Queen Latifah.*
9) *Simply Red.*
10) *Alice Cooper.*

SPORTS

Step Reebok hits Erindale

by Jennifer Smith

Step Reebok finally hit Erindale. The instructors are ready and the sound has been dramatically improved. The Athletics Department is proud to announce that the latest trend in aerobics has reached our campus.

Step training is a high intensity, low impact program that involves stepping onto a platform while simultaneously performing upper torso body building movements with hand-held weights. The height of the stepping platform and the amount of weights used, as well as the speed of which the steps are performed, may vary depending upon the participant's level of fitness. Because of the ability to vary intensity levels, the Step Training program includes beginners as well as advanced students in the same class.

Another advantage to the program is that it provides the benefits of both strength training and cardiovascular conditioning in one session. Through the "stepping up" action, you are working every major muscle group in the lower body, specifically quads, hams, and gluteals. In addition, the continuous, controlled upper body movements shape and sculpt the delts, biceps and triceps as well as the chest and back. The result is a well-conditioned, well-defined, symmetrical physique.

Although the program is "result" oriented, the most valuable aspect of Step Reebok is that these results are achieved with very little stress to the body. Tests have also proven that the energy expenditure in Step Training is almost the same as that of running seven miles per hour, yet the impact forces on the feet are similar to the forces exerted during walking.

So before you "step" into the dance studio, remember these guidelines to ensure that you do not end up with painful injuries.

Rules to "Step" by

-select the platform height that is appropriate for your level
-choose a platform that will not flex the knee beyond 90 degrees
-step to the centre of the platform with the whole sole of the foot
-avoid locking the knees while stepping up or down
-always keep your eyes focussed on the platform
-avoid hyperextending knee joints or locking knees
-avoid pivoting movements when knees are heavily loaded
-always remember to drink lots of water, stepping can be very dehydrating
-shoulders back, chest up, tailbone dropped and shoulders straight

Sorry, but I have bad knees

by Marcia Lawless

Injuries can range from a mild strain of your muscles which can hinder your training for a couple of days to a herniated disk which could incapacitate you forthe rest of your life. It can be said that most injuries are a direct result of carelessness, an overestimation of one's ability to lift a weight, or one's simply asking their body to to do more than it can.

Many injuries are incurred by those who lift weights. For this reason, it is advisable that when lifting weights, whether light or heavy, you should always wear a weightlifting belt to provide support for your back

The lower back is the weakest link in the human skeletal structure. It is exceedingly easy to injure and once you do injure your back you will be severely limited when it comes to training with heavy weights on practically every exercise.

Of equal importance, is to thoroughly warm up your entire body in general and the major muscle groups (quads, hamstrings, calves, biceps and triceps in particular) before training heavy. A thorough warmup will practically eliminate your chances of suffering an injury.

When lifting weights always ensure that you have a spotter when training with heavy weights. Every so often even the best of trainers make a miscalculation and put more weight on the bar thanthey can handle for the number of reps they are shooting for. This can be especially dangerous when performing squats or bench presses. If you use more weight than you can safely control, the weight *will* control you. Training with weights that are too heavy will injure tendons, ligaments, and joints.

It is not advisable to train when you are overtired or unusually fatigued. Safe and effective training requires a high level of concentration. If you're so tired that you can't maintain that concentration, you are guaranteeing injury.

There are many types of injuries that are very common to athletes, some are treatable, some are permanent.

Morton's Neuroma is caused by a compression of the metatarsal arch and interdigital nerves in the foot. Symptoms are sharp pains radiating to the end of the tocs, soreness during weight bearing, running and jumping activities and when the activity is performed on the ball of the foot. To prevent Morton's neuroma, wear shoes with proper width with padding in the metatarsal area. No impact on the ball of the foot. No exercising on unyielding surfaces. It can be treated by wearing well-fitting shoes and applying anti-inflammatory medication.

Chrondromalacia is an injury caused by kneecap maltracks which deteriorate the cartilage. It may occur more frequently in women because of the wider female pelvis. You will have this injury if you notice general pain in the kneecap accompanied by a grating grinding sound or sensation as your knee is flexed or extended and pain and stiffness when you walk up and down the stairs. To avoid this injury you should avoid high resistance, lower extremity weight training. To prevent this it would be smart to wear shoes with good arch support.

Bursitis (Tendinitis) is caused by irritation to the bursa sac or tendons from friction, pressure, trauma, or dysfunction. Symptoms are pain and stiffness in the knee, hip, shoulder and elbow. You should note that thethere is no visible swelling at first, swelling as a condition worsens. Proper technique should be used in all exercises.

Shin splints are a result of poor posture, shoes that do not fit, fallen arches, insufficient warm-up, muscle fatigue and poor running mechanics. Shin splints usually cause discomfort on the front or side of the lower leg and for some they are very painful. There are three type: posterior tibial (inside of shin bone), anterior tibial (outside of the shin bone), and tibial periostitis (pain directly on the shin bone). You can avoid this injury by wearing good shocs with shock absorbing features.

It is a fact that most of these injuries are preventable. For athletes it is very important to place more importance on the kind of shocs they buy and the kind of activity they perform. All sports involve putting stress on one joint or the other so it is imperative that you do not take your body farther than it can physical go. As for weightlifters, it is also very important to remember that your body docs have limitations. Perhaps this is fortunate for us or we would all be walking around with canes because we all tend to push ourselves too far.

McGill sees Red

by Manfred Sitmann

In their first big, albeit preseason, test of the year the University of Toronto Blues looked like a team on a mission. Perhaps this is because they are indeed a team with something to prove. Written off by many "experts" early on, the Blues showed that they could play without the big names they have had in the past. This year they are without all-world offensive tackle Chris Morris, and all star running back Lorne King, both of whom have graduated to the CFL. The news got worse for the Blues when they learned that preseason all Canadian defensive end Richard Fischer would miss the season with a knee injury.

The final knock against the Blues was their quarterback. Rumour had it that they were starting unproven third year man Mario Sturino. Let's face it. This team does not have a chance, right? The problem is apparently no one told this to the players.

Unfortunately for the McGill Redmen, the Blues came to show them, and everyone else that dedication, execution, and guts wins games, not opinions of the press and other so-called experts.

Sturino showed exactly why he is starting by putting on a passing display for the McGill defence. His completion percentage, a respectable 50 percent, would have been even higher if he had not fumbled some very catchable dropped balls. One player who was not dropping them was wideout Francis Etienne. He and Sturino hooked up a number of times, all the while looking like they been playing together for years.

The Blues' running attack kept the defence honest with its mix of the hard-nosed Brad Muxlow, the speedy David Richer, and the all purpose Marcus Boekelman who scored all three of the touchdowns for the Blues.

The defence led by middle linebacker Lou Tiro, and Erindale's own safety Dean Turner, continuously swarmed McGill's beleaguered offence, holding them to 182 total yards.

While it may be too early for the Blues to become fitted for Vanier Cup rings, it can be said that any team that wishes to win this year will have a tough task convincing these boys they are not contenders.

ATTENTION SPORTSWRITERS!!!

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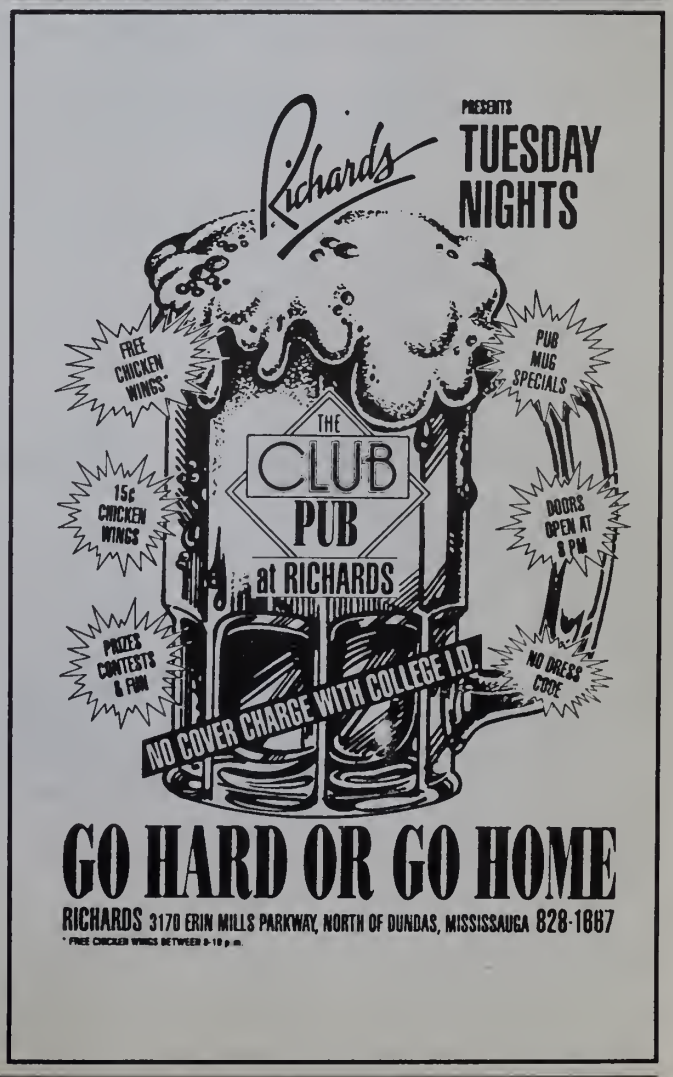
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SPORTS

Playfair motivates Frosh

by Jennifer Smith

This year's presentation of Playfair brought to us by ECARA alongside the second annual Frosh Olympics went off without a hitch this past Saturday. Approximately two hundred frosh and about 50 leaders came together Saturday to participate in a giant 'fun in the sun' day.

The day began with an hour-long session spent with Playfair representative, Jerry Ewen who spent most of his time allowing all of the leaders time to get to know each other and open the lines of communication. This is the whole point behind Playfair. It is designed to show the students, both new and returning, how to interact with and motivate others. In fact that is just what it did.

photo by Ozzy Rodriguez

Frosh are put to the test at Ecara's second annual Playfair.

Leary Frosh entered the Meeting Place with sleep still in their eyes only to hear shouting and screaming brought on by the leaders. As they were split up into groups and divided by seasons, the frosh, encouraged by their leaders and the Playfair host participated in games designed to build self-esteem and a positive attitude. "I have never had so much fun, standing up and sober," freshman John Walsh said. Another Joanna Eddie said, "I thought I would really be intimidated, but this really broke the ice." As the day went by more and more students opened up and began having a great time.

For all involved, Playfair and the Frosh Olympics was a huge success. Everyone ended the day with phone numbers in their pockets and partying on their minds. This appears to have been a good start to the school year and it looks like the athletic program at Erindale will have a great turnout when tryouts come along in September.

Lacrosse returns to Erindale

by Francis Sawyer

Canada's national sport is now offered at Erindale. Efforts are being made to restore Erindale's claim as lacrosse powerhouse at U of T. Lacrosse has been absent from Erindale's athletic programme primarily because of lack of interest. This year could the end of that slump and continue the lacrosse tradition at U of T. Players have been competing for the prestigious Dafoe Cup almost as long as lacrosse has been organized in Canada.

The sport is similar to hockey Teams of six men, (a goalie, two defencemen, and three forwards) square off inside a gym, armed with sticks that have a small net-like structure at the end. These are used to hold an Indian rubber ball that can be passed or shot at the opposing net.

Those interested in playing must sign up as soon as they can as a team must be registered by the first week of school. Sign up, and information is available in the ECARA office.

Student Survey

This survey is to help the Sports Editor make some decisions about what she is going to put in the sports section. There are many events in the calendar so time's a wastin'.

For those who care about what appears in the sports section this survey should be important to you. I am interested in hearing from everyone.

***Would more of you like to see equal representation of men and women in the paper?**

***When ball hockey begins, would you like to see a preview pullout section to let you know who is hot?**

***Should ball hockey be the focus of the sports section once it begins?**

***What kind of writing would you like to read i.e. more readable language?**

There are many changes to be made but your help is required to make those changes. Please write down your comments and give them to the Sports Editor as soon as you can.

Burns to lead Leaf's turnaround

As this year's version of the Blueshirts sets out to begin training camp, there is a different sort of feeling around Maple Leaf land. Gone are the depressing days of Tom Watt and his pathetic version of a decrepid, UN-physical, UN-emotional hockey squad. What replaced this is a genuine sense of hope. Leaf fans actually feel as though they finally have something to look forward to when they go to a Leaf game (besides the post-game depression and excuses).

The man responsible for this turnaround is Cliff Fletcher. He continues to show us why he is considered to be one of the top hockey minds in the world today. Smart trades and even smarter hirings and firings grace his track record. Of course I am referring to his replacing of Tom Watt with Pat Burns formerly of the Montreal Canadiens. Burns is exactly what the Leafs need. He is a man who always demands the best from those around him and this will take the Leafs to a level they have never been before.

The biggest question facing the organization, and its fans, is who will be on the team this season. It is well known that Tom Watt simply did not care for youth or lethargic veterans like Mike Krushelnysky who was simply given the job out of default.

No longer... Burns will give rookies a chance to shine and will make veterans earn their keep.

Dropping the Gloves with Manfred Sittman

There are many new faces in-camp this year and there are tons of job openings. Barring a trade, the Leafs have only four players on defence who are probably assured of spots: Dave Ellet, Jamie Macoun, Bob Rouse and Dmitri Mironov. While up front players Doug Gilmour, Wendel Clark, Glenn Anderson and Peter Zezel can count on spots.

Likely to be in the lineup come October are recently acquired Europeans, Nikolai Borchevsky and Patrick Augusta. Also look for ex-Canadien Sylvain Lefebvre to have an inside on one of those defence jobs because of his previous work with Burns.

The other spots will be fought for, and I mean FOUGHT for, by the likes of Ken Baumgartner, Kevin McClelland, Rudy Poeschek, Bob McGill and Mike Foligno. Also vying for spots will be Drake Berehowsky, Grant Marshall, Terry Chitaroni, Brandon Convery and Yanic Perreault. It is generally accepted that Convery, and Marshall will be returning to Major Junior A for their last years of eligibility. It is hoped that this will help them as it did Berehowsky.

Whatever the outcome of this training camp, one thing is certain: this year's Leafs will be more competitive, more exciting and a lot tougher than last year's.

Ecara's Frosh Olympics are refreshing

I was walking down the stairs toward the Ecara office on Saturday I had no idea that I would soon becoome a Frosh Olympics leader. That was a refreshing surprise for me. I was only there to cover the event for the sports section. Little did I know that I would later be chanting "no mercy" along with the rest of the "Cool Ones" led by MVP King Alex.

There were ten events ranging from the favourite dodgeball to 'dizzy", which speaks for itself. That event made everyone look either extremely drunk or high on drugs. That event was hilarious to say the least. I cannot remember how many of us collapsed from the spinning. To quote someone, "put your fore-

REVELATIONS
From the bitch in blue

head on the bat, you'll get a better buzz " (Thanks, You know who you are).

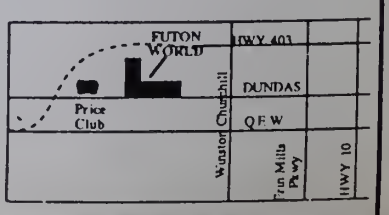
All participants had a great time, except of course my housemate who felt totally gipped because my team, which placed third received T-shirts and hers did not. Hey I certainly am not bothered by this. By far I had the best time I think because I missed out on Orientation when I was in first year. And I really appreciated being given the chance to partake in that experience. It was a lot of fun and I recommend it for all frosh who want to meet people and arrange parties.

So it is two days before the first day of school (at time of printing) and after six hours outside, I now have to spend nine more here..."CAN SOMEONE GIVE ME A STANDING OVATION?"

FUTON WORLD
3055-13 Dundas ST., West
(Beside Classic Bowl)
820-2115

• Need a good night's sleep
• Cramped for space
From $ 189.00 • Low on Cash
Futon and Frame

Mon-Thurs. 11-6
Friday 11-8
Saturday 10-5
Sunday noon-4



Department of Athletics and Recreation

FALL INSTRUCTION PROGRAM

Registration begins Wed. Sept 16th

TENNIS LEVEL 1

DO YOU HAVE AN INTEREST IN PLAYING TENNIS BUT HAVE NOT HAD THE OPPORTUNITY TO LEARN, THEN THIS IS THE COURSE FOR YOU. OUR INSTRUCTOR WILL TEACH THE BASICS SUCH AS THE FOREHAND, BACKHAND, SERVICE, SCORING AND THE RULES SO THAT YOU CAN ENJOY THIS POPULAR SPORT.
RACQUETS AND BALLS SUPPLIED.
MONDAY & WEDNESDAY
4:10 P.M. - 5:00 P.M.
SEPT. 21 - SEPT. 30 SOUTH COURTS
FEE: $16.00

SQUASH LEVEL 1

THIS COURSE IS DESIGNED TO TEACH NEW PLAYERS THE RACQUET SKILLS, RULES AND STRATEGY NECESSARY TO PLAY THE GAME.
RACQUET, EYEGUARDS AND BALLS ARE SUPPLIED. NON-MARKING SHOES ARE REQUIRED.
TIME: TBA
FEE: $16.00

SQUASH LEVEL 2

THE COURSE EMPHASIS IS ON IMPROVING THE 4 BASIC STROKES IN ORDER TO DEVELOP ACCURACY AND CONTROL OF YOUR SHOTS. AS WELL MORE ATTENTION WILL BE GIVEN TO COURT STRATEGY.
TIME: TBA
FEE: $16.00

JAZZ

A GREAT WAY TO STAY IN SHAPE AND LEARN SOME EXITING JAZZ MOVES AND ROUTINES. THE DEGREE OF DIFFICULTY WILL BE INCREASED AS THE COURSE PROGRESSES. PARTICIPANTS DO NOT REQUIRE DANCE EXPERIENCE.
MONDAYS 4:10 P.M. - 5:00 P.M. OCT. 5 - NOV. 9
DANCE STUDIO
FEE: $16.00

BALLET

BASIC GROUP INSTRUCTION FOLLOWED BY INDIVIDUAL MOVEMENT AND POSITION CORRECTION OF MODERN BALLET. COME OUT AND TRY SOMETHING DIFFERENT, NO PREVIOUS EXPERIENCE NECESSARY.
THURSDAYS 4:10 P.M. - 5:00 P.M. OCT. 1 - OCT. 29
DANCE STUDIO
FEE: $16.00

WOMEN'S WEIGHT TRAINING

THIS COURSE IS MEANT TO DISPEL THE MYTH ABOUT WEIGHT TRAINING AND INTRODUCE YOU TO THE VARIOUS PIECES OF EQUIPMENT. THE EMPHASIS WILL BE ON UNDERSTANDING BODY AND MUSCLE PARTS AND THE IMPACT OF WEIGHT TRAINING. UPON COMPLETION OF THE COURSE YOU WILL HAVE A BASIC KNOWLEDGE OF WEIGHT TRAINING AND ITS BENEFITS. YOU WILL BE ABLE TO DESIGN YOUR OWN PROGRAM TO SUIT YOUR NEEDS

MONDAY 10:10 A.M. - 11:00 A.M. OCT. 5 - NOV. 9 (No class Thanksgiving)
FEE: $16.00

MEN'S WEIGHT TRAINING

LEARN THE BASIC SCIENTIFIC PRINCIPLES AND COMMON TERMINOLOGY OF EFFECTIVE WEIGHT TRAINING. UPON COMPLETION YOU WILL BE ABLE TO DESIGN YOUR OWN PROGRAM TO SUIT YOUR NEEDS.
MONDAY 11:10 A.M. - 12:00 P.M. OCT. 5 - NOV. 9 (No class Thanksgiving)

JUDO

THIS COURSE IS 10 WEEKS LONG AND IS DESIGNED FOR BOTH BEGINNER AND ADVANCED PARTICIPANTS. JUDO DEVELOPS STAMINA, SPEED AND POWER AND CAN BE ENJOYED BY ANYONE. THE COURSE IS RUN BY 5TH DEGREE BLACK BELT BILL COAKLEY
WEDNESDAYS 6:00 P.M. - 7:30 P.M. SEPT. 23 - NOV. 25 DANCE STUDIO
FEE: STUDENTS $20 NON STUDENTS $35.00

TAE KWON DO

TAE KWON DO IS THE KOREAN ART OF SELF DEFENCE. IT PROVIDES PERSONAL DEVELOPMENT, PHYSICAL CONDITIONING, SELF DEFENCE AND MENTAL DISCIPLINE. THIS COURSE IS AFFILIATED WITH THE HAN'S TAE KWON DO ACADEMY OF MISSISSAUGA. INSTRUCTION WILL BE CONDUCTED BY CERTIFIED INSTRUCTORS WHO ARE STUDENTS OF GRAND MASTER HAN AN 8TH DEGREE BLACK BELT.
MONDAYS 6:00 - 7:30 P.M.
SEPT. 21 - DECEMBER 10
DANCE STUDIO
TUESDAYS & THURSDAYS 6:00 - 7:00 P.M.
FEE: $35

KARATE

KARATEDO (THE WAY OF THE HAND) IS A MARTIAL ART SYSTEM THAT USES DIFFERENT PARTS OF THE HAND AND FOOT IN THE KICK, STRIKE, PUNCH AND BLOCK TECHNIQUES. KARATEDO TRAINS BOTH THE MIND AND BODY. TWO EXPERIENCED BLACK BELT INSTRUCTORS WILL BE LEADING THE CLASS.
BEGINNERS ARE WELCOME!
TUESDAYS & THURSDAYS 7:00 - 9:00 P.M.
SEPT. 22-NOV. 26 DANCE STUDIO
FEE: TBA

GET IN STEP WITH THE ERINDALE COLLEGE CO-ED AEROBIC PROGRAM

Includes new STEP Program

Register at Athletics Office Rm 1114, South Bldg.

MONDAY	12:10 P.M.	1:10P.M. NANCY LO IMPACT	4:10 P.M. MICHELLE STEP*	5:10 P.M. DAVID G. MIXED	
TUESDAY	9:10 A.M. LORETA STEP*	12:10 P.M.	1:10 P.M.	3:10 P.M.	5:10 P.M.
WEDNESDAY	12:10 P.M. LEANNE	1:10 P.M. NANCY STRETCH & STRENGTH	4:10 P.M. MICHELLE STEP*	5:10 P.M.	6:10P.M. DAVID STEP*
THURSDAY	10:10 A.M. LEANNE STEP*	12:10 P.M.	2:10 P.M. LEANNE	3:10P.M. DAVE Z. MIXED	5:10 P.M.
	10:10 A.M.	12:10 P.M. MICHELLE HI IMPACT	1:10 PM GAYLE MIXED		

Join our program to get in shape or stay in shape! This varied program is "Fit to be Tried"

The Co-ed Aerobic classes operate on a drop-in basis. Pay the one time fee of $25 and you can attend as many classes per week as you choose.
Classes are 50 minutes and consist of a Warm-up, Aerobic, Muscular Strength/Endurance and a Stretching component.
Fitness is for Every Body! Try one for size.
The Fall term schedule runs September 21-December 11, 1992.

ECARA

Erindale College Athletics and Recreation Association

PLAY FOR ERINDALE

INTERFACULTY TRY- OUT DATES

Women's FieldHockey-
Wed. Sept 16 & Fri. Sept 18
7am-8:45am, North Field

Women's Soccer-
Tues. Sept 15 &
Thurs. Sept 17
7am-8:45am, North Field

Women's Basketball-
Wed. Sept 16
5:00-6:30pm, Gym

Men's Football-
Mon. Sept 14
5pm, Meet in Gym
Practices Mon- Thurs South Field

Men's Rugby-
Tues Sept. 15
4:30pm- North Field

Men's Soccer-
Wed. Sept. 16
4:30pm- North Field

Men's Lacrosse-
Wed. Sept. 16
5:00pm info meeting Rec Room by gym

Men's Ice Hockey-
September 15, 17, 22, 24
5pm Erin Mills Arena

Men's Basketball-
Wed. Sept. 16
6:30-8:00pm- Gym

STUDENT PART-TIME EMPLOYMENT OPPORTUNITIES

Athletics and Recreation

League Commissioners, tournament convenors, referees, scorers, timers, and interfaculty coaches are all needed to provide our diverse program. Apply within the ECARA Office, room 1114A, South Building.

On sale the athletics office room 1114, South Building

Student Half-Locker	$25*
Student Full-Locker	$35*
Plan A/B Annual Locker (includes GST)	$45

*includes GST and $5.00 lock deposit, refundable if returned before April 9, 1993

IRON CLUB/FREE WEIGHTS TAG

Gives you access to the use of the free weights.
$25.00 (Expires April 31/93)

NAUTILUS ORIENTATION/TAG

One time fee gives you a lesson on the proper use of the nautilus weight machines.-
$5.00 (Expires April 31, 1993)

JOIN THE ERINDALE ROWING CREW

TRAIN AND LEARN TO ROW ON THE SAME RIVER OLYMPIC MEDALISTS SILKEN LAUMAN AND KAY WORTHINGTON STARTED THEIR CAREERS!

ERINDALE ROWING CLUB
GENERAL INFORMATION SESSION
5:00PM WED., SEPTEMBER 16, 1992
ROOM 1130, SOUTH BUILDING

ALL WELCOME
ON THE WATER TRAINING BEGINS SEPT 17TH BRIGHT AND EARLY

INTERFACULTY SPORTS

SIGN-UP NOW FALL SPORTS BEGIN SEPT 14TH

The interfaculty teams at Erindale College compete on the downtown campus against other colleges and faculties within the U of T. Teams usually practice once a week.

Inquire at the ECARA booth in the Meeting Place or in the ECARA Office, room 1114A or call 828-5498

WOMEN'S Soccer
Basketball
Field Hockey
Flag Football
InnertubeWaterpolo

MEN'S Tackle Football
Lacrosse
Rugby
Soccer
Basketball
Volleyball
Ice Hockey

CO-ED Volleyball
Basketball

No tryouts for CO-ED Interfaculty teams. Just sign up at ECARA office.

ECARA's September Line Up

SEPTEMBER 1992

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
ERINDALE STUDENTS MAY COMPETE FOR U OF T VARSITY TEAMS. TRYOUTS ARE HELD IN EARLY SEPTEMBER.	FOR MORE INFO ON VARSITY TEAMS CALL 978-8440	1	2	3	4	5
6	7	8	9	10 ECSU'S ORIENTATION	11 ACADEMIC ORIENTATION A.M. SAC ORIENTATION P.M.	12 ECARA'S ORIENTATION Frosh Olympics 10am - 4pm ALL SPORT SIGN-UPS BEGIN
13 PARENT'S DAY. *Tryouts for Erindale's Interfaculty (IF) teams begin during the first week of school for all fall sports. Call the ECARA Office for various dates and times!*	14 First Day Of Classes ERINDALE VARSITY ROWING SIGN-UPS & TRYOUTS BEGIN *MEN'S IF RUGBY, SOCCER AND FOOTBALL TRYOUTS BEGIN*	15 *WOMEN'S INTERFACULTY FLAG FOOTBALL, INNERTUBE WATERPOLO, SOCCER, & FIELD HOCKEY TRYOUTS BEGIN*	16 *TRYOUTS FOR MEN'S IF SOCCER AND BASKETBALL BEGIN WOMEN'S IF BASKETBALL TRYOUTS BEGIN*	*WOMEN'S INTERFACULTY TENNIS SINGLES TOURNAMENT ENTRY DEADLINE ERIN MILLS ARENA MEN'S IF ICE HOCKEY TRYOUTS 5-6pm*	18 SIGN-UP AT ECARA OFFICE FOR REF. CLINICS & MAKE SOME EXTRA CASH REFEREEING: Basketball Indoor Soccer Volleyball Touch Football	19
20	21 *MEN'S AND WOMEN'S IF VOLLEYBALL TRYOUTS BEGIN MEN'S IF ICE HOCKEY TRYOUTS CONTINUE*	22 *M/W/CO-ED IM IF 4 ON 4 BEACH VOLLEYBALL TOURNAMENT ENTRY DEADLINE CO ED IF SOFTBALL TOURN ENTRY DEADLINE*	23 Men's & Women's 3 ON 3 Intramural Basketball Tourney Entry Deadline REFEREES CLINICS BEGIN!! Contact the ECARA Office for info or times!	24 Men's IM Basketball & Touch Football League Entry Deadlines *CO-ED IF MIXED DOUBLES TENNIS TOURNEY ENTRY DEADLINE*	25 M & W 3 ON 3 INTRAMURAL BASKETBALL TOURNAMENT *WOMEN'S INTERFACULTY TENNIS SINGLES TOURNAMENT*	26 *CO-ED INTRAMURAL INTERFACULTY 4 ON 4 BEACH VOLLEYBALL TOURNAMENT at ERINDALE*
27 *MEN'S & WOMEN'S IM/IF 4 ON 4 BEACH VOLLEYBALL TOURNAMENT at ERINDALE*	28 Men's Intramural Basketball League Begins Men's Intramural Touch Football League Begins	29 M/W/CO-ED Intramural Tennis Tournament Entry Deadline CO-ED Intramural Softball Tournament Entry Deadline	30 M & W Intramural Horseshoe Tournament Entry Deadline Men's Intramural Volleyball League Entry Deadline			

ECARA 828-5498

Interfaculty Athlete Medicals Required

For participation on all interfaculty teams. Pick-up your medical information sheet from your coach or the Athletics office, room 1114, South Building. This form must be signed by your family physician or you may book an appointment for your medical at the Health Service Office. Completed forms must be returned to the Athletics Office prior to your first game.